

Heart Power Recovery

Class 2

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Please open this document prior to listening to the audio for class two and have it open to return to while listening to the recording.

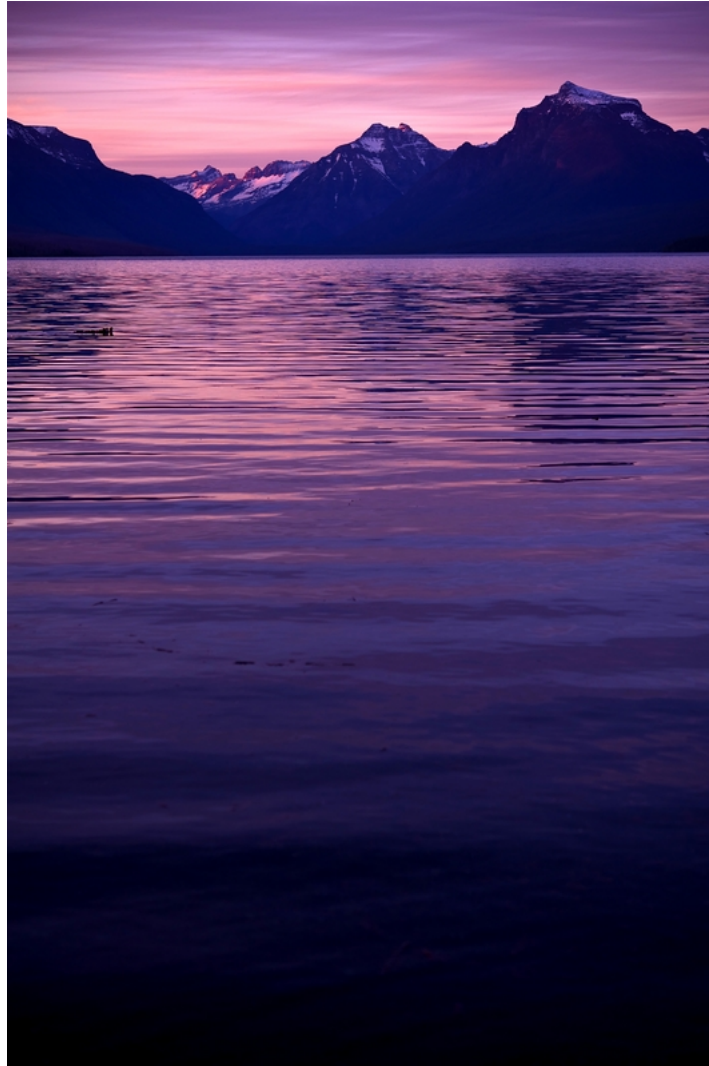
Please take a good long look at the image of the alligator and begin to play the recording for class 2.



Take a look at the image of a clear pond (alligator and fear free) with lots of Heart chakra emerald green.



Swim with us, the 12 Archangels in the Violet Fire Lake and release resentment, guilt, shame, blame, self-punishment, judging thoughts, controlling thoughts and doubting thoughts.



DAILY PRACTICE:

Step 1. Look at the alligator and together with your Divine Child, zap the fears with Violet Fire love grenades. Continue until the pond is clear and surrounded by emerald green healing Energy *like in the second image above of the clear pond.*

Step 2. Invite the 12 Archangels into the Violet Fire Lake and release the sorrows in your heart and negativity in your mind (to help your Heart/creative mind to open and connect with Source). You may use the third image of the purple lake to help you.